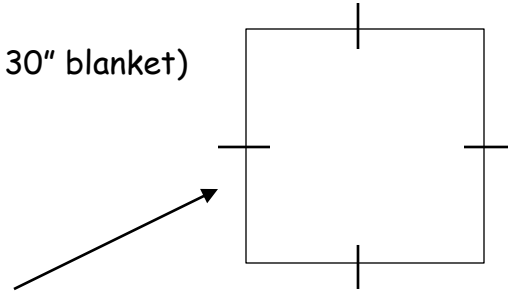
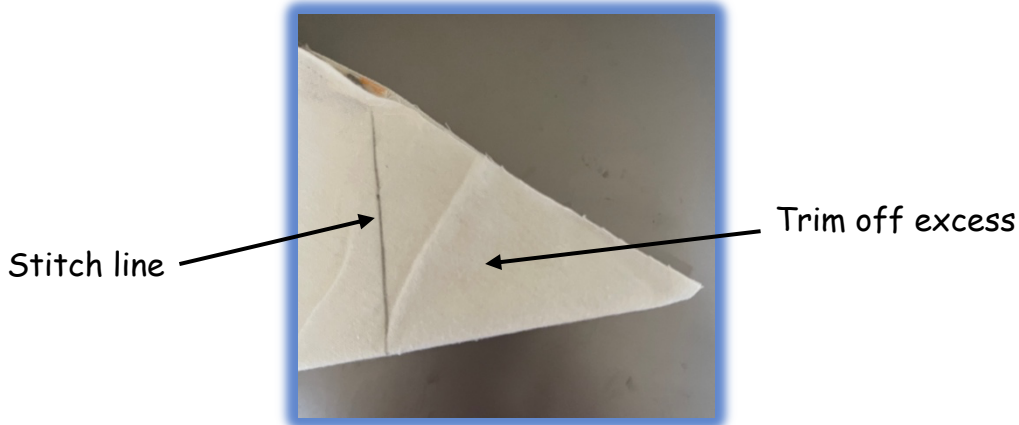


## Self-Binding NICU Blanket (Makes a 30" x 30" blanket)

Cut flannel middle (main focus fabric) 26" X 26"  
Cut flannel back/side 36" x 36"



1. With right sides together, pin main focus and back sections together on all 4 sides at their centers.
2. Sew all four sides together with a  $\frac{1}{4}$ " seam, leaving  $\frac{1}{4}$  inch at the ends (also leave an opening on one side for turning.)
3. To miter the corners:  
Fold corners together and stitch at a 90° angle (see illustration) Sew all four corners this way and trim off the excess fabric.



Turn right side out. Iron flat, then top stitch near the seam line and around the entire blanket. Use fancy stitches if you like.

Your finished blanket will look like this:

