

# Mercy Center Retreat INFORMATION

**Tuesday, September 2 through Friday, September 5, 2025**

**Address** Mercy Retreat Center 535 Sacramento Street Auburn, CA 95603 (530) 887-2019

**Directions** These directions were taken directly from The Mercy Center's website:

From Sacramento or the Bay Area, take I-80 East toward Reno. Take Exit 115 at Indian Hill/Newcastle Road and proceed straight through the intersection on to Indian Hill Road passing the Flyers Gas Station on your right. Take Indian Hill Road to the end. At the traffic signal, turn left onto Auburn-Folsom Road. At the second traffic light on Auburn Folsom Road, turn right on to Sacramento Street. The Mercy Retreat Center will be 200 yards on your right (I-80 to Mercy Retreat Center~5 minutes). Turn right at the first driveway into the Retreat Center.

From Reno and points east, take I-80 West toward Sacramento. Exit at Rt49/Grass Valley Hwy head towards Placerville. Turn right at Lincoln Way. Turn left at the next traffic signal (at Court House) onto Auburn-Folsom Road. At the 4th traffic signal turn left on to Sacramento Street. The Mercy Retreat Center will be 200 yards on your right. (I-80 to Mercy Retreat Center ~ 5 minutes). Turn right at the first driveway into the Retreat Center.

**Check-in** *Please do not arrive before 2pm.* A delegate will be sitting on the porch in front of the bedroom wing between 2-2:30 pm to get your bedroom assignment whereas you can unload your personal belongings and give you directions to the sewing room if needed. If you arrive after that, turn into the driveway, drive all the way to the end of the building on your left, and turn left, then turn left again down the fire lane. There will be a building at the end (McCauley Hall) with 2- 3 parking spots. You can unload your sewing gear here, receive your bedroom assignment, and get started!

**Food/Beverages** We have access to a small kitchen in our sewing room equipped with a microwave, refrigerator, and freezer. You are encouraged to bring beverages, snacks to and/or special dietary needs food. The sewing room is also equipped with commercial coffee makers and hot and cold water. They supply a selection of cookies in the afternoon. We will be eating in the dining hall and the food is nutritious, delicious, and plentiful. However, they cannot accommodate special needs. They will only accommodate a Vegetarian option IF YOU LET US KNOW NOW so arrangements can be made. If you have other food allergies, you must plan to bring your own food. Wine is allowed. Many quilters like to wind down with a glass of wine and conversation in the evening. Wine can be enjoyed in the small dining area (Coloma Room) and the outside patio. We must practice consideration for Quiet if other retreaters are in the center.

**Rolling chairs** are allowed ONLY if you bring a rug or smooth backed mat to protect the floor under the chair. The chairs in the room are quite LOW, so bring cushions if you will use one of the center's chairs.

**Personal Irons are NOT allowed.** We will have 2-3 Ironing stations set up. The concern is for blowing fuses, especially if no one is there to return the power.

**Tobacco Free Environment-** NO smoking or other use of tobacco products in any building or on the grounds.

**Massages-** a massage therapist will stop by to take sign-ups for table and chair massages- she takes credit card, Venmo, or cash/check.

**Covid Restrictions-**as per local and state guidelines -Mercy Center requires you to LEAVE if you show signs of any illness.

**Shirley's cell phone number** is (916)521-6992.

**A reminder for things to bring:**

NO Gift exchange- due to fee increase and feedback from prior retreaters.

**Two \$5 bills for LRC Game ante (or one \$10 if saving fives)** Due to popular demand we will be playing for a shopping spree. Each game has a \$5 buy in for 3 tokens. Winner of the tokens can exchange them for a cash prize.

**Cash for TIP** for Retreat center staff- a nice thing to do, but optional.

Extension cords

Extra lighting for your sewing area

One towel and wash cloth are provided. You may want to bring a larger towel and shoes for the shower.

Robe- some other retreats have male participants.

Bring show and tell! It does not have to be quilts! We love tools, tips, and techniques!

Bring snacks to share/Special dietary need items /beverages as desired.

Don't forget your power cord and foot pedal!!!

Rolling chair with protective mat or cushions for center's chairs.

As always, your sense of humor and quilter's congeniality!

One thing to leave at home is your fragrances. Many people are sensitive to these products.